

11th March 2020

As a club that represents our community and cares for our members, we are aware that we need to be as proactive as possible in releasing guidance about programmes that we are running that might be impacted by COVID-19 (Coronavirus). At this stage there are still a lot of unknowns and guidance from the Government is to continue as normal, however make sure we all know the risks, remain vigilant and do all we can to protect ourselves and others. This guidance can change on an hourly and daily basis, so we will try to communicate to you at our earliest with latest updates.

At present, we will endeavour to maintain 'business as usual' at the club, from the opening of the clubhouse and bar to the cricket programmes that are taking place. However, there might be some slight changes as to how these services or programmes are delivered and we encourage our members to take every precaution to help protect everyone. We appreciate your patience and support at this time and if you have any questions, please feel free to contact a Committee Member or Michael Hingston, who will be happy to help.

Here are the current and upcoming cricket programmes that are currently taking place:

- Adult Fitness Sessions on Monday nights at the cricket club (7pm – 8pm).
- Adult Practice on Wednesday nights at North County Cricket Club (9pm – 10pm).
- Primary School After-School Club at Andrews Parish Centre on Fridays (3pm – 4pm).
- Youth Hardball Practice Sessions at the club on selected Saturdays and at specific times for Primary and Secondary School children – please contact Michael Hingston for details.
- Easter Holiday Hard-Ball and Soft-Ball Camps – please contact Michael Hingston for details.

We will then be into our Summer Programmes and further updates will be coming ahead of these, however we will update as regularly as we can if we receive any news or further guidance on COVID-19.

Following on from the advice from HSE and Sport Ireland, Malahide CC would ask all members and players to follow best hygiene practice at all times by:

- Regular hand-washing.
- Covering mouth and nose when coughing and sneezing as part of respiratory etiquette, use the crook of your elbow to cough into.
- Avoid close contact with anyone showing symptoms of respiratory illness such as cough or sneezing.
- Put used tissues into a bin and wash your hands. Limit skin on skin contact by not shaking hands/"Hi-Fiving" – and please make other players/members/guests aware of the reasons why, however we are certain they will understand.
- Keep 2 metres from anyone who coughs.
- Refrain from touching eyes, nose or mouth if your hands are not clean.

In order to attempt to control any potential spread of the virus, any player or member who has recently returned from one of the following countries (within the last three weeks),

should reach out their local GP and gain advice from them and also refrain from attending the club or our programmes until an 'all-clear' has been received: ***Mainland China, Hong Kong, Iran, Italy, Japan, Singapore or South Korea.***

If a player, member or guest is feeling unwell or displaying any of the symptoms (please click here for latest information from HSE www.hse.ie/coronavirus), Malahide CC would emphasise and advise that the person should not attend the club or any cricket programmes organised by the club, until the symptoms pass and the person has been given a clean-bill of health from medical professionals. If a fee was paid prior to attending a programme (e.g. the After-School Club), Malahide CC will refund all or part of the fee depending on how many sessions were missed.

Thank you for all your support and patience during this time and please feel free to get in touch with any of us if you have any questions.

Yours in cricket,

Malahide CC Executive Committee and Michael Hingston